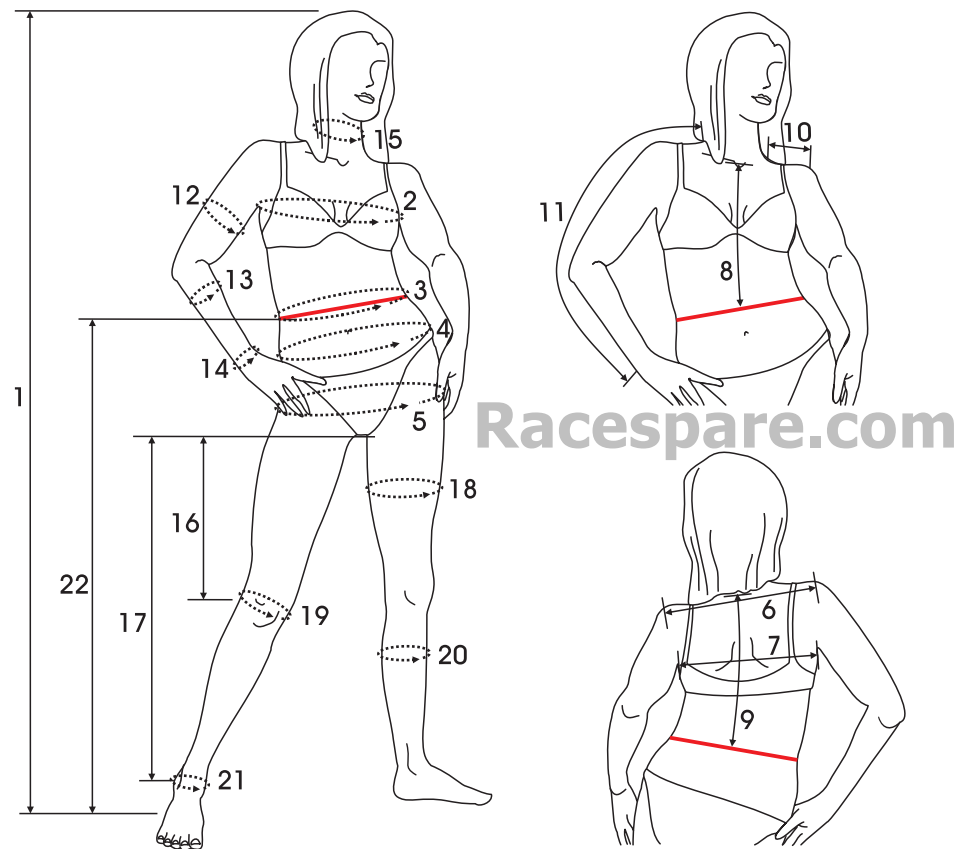


MEASURING INSTRUCTIONS FOR CUSTOM - MADE CLOTHES

Do not make any extras, when taking measurements! For exact measurements 3, 8 and 9 please tie the cord in the waist (as red lines on the picture).



1	Body height (without shoes)	cm
2	Chest girth (the biggest part)	cm
3	Waist girth (the slimmest part)	cm
4	Waist girth (over the pants waist)	cm
5	Hips girth (the biggest part)	cm
6	Width of shoulders	cm
7	Width of back	cm
8	Length neck to waist (front)	cm
9	Length neck to waist (back)	cm
10	Length neck to shoulder	cm
11	Sleeve length neck to wrist	cm
12	Arm girth	cm
13	Forearm girth	cm
14	Wrist girth	cm
15	Neck girth	cm
16	Length crotch to knee	cm
17	Length crotch to ankle	cm
18	Thigh girth	cm
19	Knee girth	cm
20	Calf girth (the biggest part)	cm
21	Ankle girth	cm
22	Length waist to a ground (without shoes)	cm
	Weight	kg